

# Young Prayer Warriors

Theme: Prayer

Subject: Talking to God

Scripture: Psalm 55:17

"Evening, and morning, and at noon, will I cry aloud,  
and He shall hear my voice."

52-24-7 Hut! Hut! Hut!

Some people treat prayer as if it were a concept they can take or leave. They pray if it's convenient. If they don't feel like praying, they just don't bother. Prayer is not an option for God's children. He commands that we pray and invites us to have communion with Him.

Some teens find prayer intimidating. But we don't need to be ashamed to talk to the Lord anywhere, anytime, or about anything. In fact, 52-24-7 equals a good prayer formula: 52 weeks in the year, sometime within each 24-hour day, and 7 days a week, we need to pray.

Start today and open a new dimension in your prayer-life. A good way to kick off your "excellent adventure with prayer" is by writing a letter to Jesus. Begin with a greeting. Then praise Him for who He is and thank Him for something He has done. You can talk to Jesus about anything. Your letter will be your prayer. 52-24-7, Hut! Hut! Hut!

Dear Jesus:

## Closer Look

Jesus Himself followed the 52-24-7 formula. Use a Bible concordance to find examples of times and places where Jesus prayed. He prayed not only spontaneously, on-the-spot prayers, but also set aside specific times to be alone with His Father.

52-24-7 is a concept that all teens can adopt. Remember, prayer should be included along with the other things you do routinely on a daily basis, such as brushing your teeth and eating food. Pray in the shower, on your way to school, in the locker room, riding your bike, riding down the freeway. Wherever you are, you can pray.

## Time Out

Monday: Lord, please make my prayerlife powerful.

Matthew 6:9-18

Tuesday: Jesus, I am asking, seeking, and knocking today.

Matthew 7:7-8

Wednesday: You said you would be wherever two or three are gathered in Your name. I feel Your presence, Lord.

Matthew 18:19, 20

Thursday: Holy Spirit, teach me how to pray the heart of God!

Hebrews 4:14-16

Friday: Lord Jesus, don't let me miss one day of spending time with You.

Psalms 63:1

Saturday: Lord Jesus, I thank You for hearing and answering my prayers.

1 John 5:16

## Time To

Think about it.

1. What word best describes your prayer-life? (circle one)

a. powerful      b. nowhere      c. positive      d. decent      e. empty

2. Complete the following sentence:

If I could pray for only one thing, it would be: \_\_\_\_\_

